

## Medical Providers Who've Been Reported as Not Fat Shaming in Gainesville FL Area (Not Necessarily Health at Every Size (HAES) Practitioners)

All of these practitioners have been reported as not pushing weight loss, not shaming, and perhaps even having an understanding that "obesity" research is not as definitive as it is purported to be. I tried to simply write the actual comments told to me about the practitioner whenever possible. All comments were made by larger individuals, most BMI of 30+. These have not been verified. Please make sure you call ahead to screen the offices.

Search [www.EatingWisdom.com](http://www.EatingWisdom.com) for articles about "The Medicalization of "Obesity", and check under Resources for "Fatness and Health," and make sure to peruse the links in the blog post, "[Fat Shaming Medical Providers: What To Do About Them and How to Avoid Them.](#)"

If you have any wonderful practitioners to add, please email me at [karin@eatingwisdom.com](mailto:karin@eatingwisdom.com). Also, I keep a list of practitioners who are NOT helpful regarding weight/health, some downright harmful. Feel free to email me to add to that list too.

Practitioners	Specialty	Comments Made / Situation / or Where They Practice
Jacoba Aarnoudse	Physical therapist, UF Health Rehab	Criticizes the "just lose weight" mindset
Canova, Erica	MD, Gainesville Dermatology	"For the yearly all over body check for skin cancer. Can be negative experience if a crappy dr. She was great."
Carr, Sharon	APRN, Family Medicine Specialist, Gville Family Physicians	Minimal focus on weight.
Cope, Miriam	GP, Shands	"She never mentions my weight."
Delker, Jill	MD, Ob/Gyn	"Suggests weight loss, but doesn't focus on it, wants to rule out problems." Personable, nice nursing staff.
Desai, Alta	DO	Not focused on weight.
Edwards, Kathy	Endocrinologist	Not focused on weight.
Faas, Michael	Chiropractor	No mention of weight.
Fearing, Michael	GP	"Doc in the Box" in Alachua, takes appts. Worth traveling to see, "Minimal wt focus."
Geiger, Gregory	Family Medicine	Doctor knows about intuitive eating. "The Nurse Practitioner is not nice, was actually mean."
Grabove, Donald	GP	Never said anything about weight to a larger man, all he said were "your markers are good" regarding blood work
Horseman, Michael	GP	Recommended by larger woman who was not fat shamed.
Jaffee, Ed	Orthopedist	"Science about weight and health is inconclusive, though slow wt loss might help."
Kosboti, Mona	Rhumatologist	"Wonderful, caring person."
Medley, James	UF Health Family Medicine	"Doesn't make an issue of weight or even mention it unless patient brings it up first, also said "we can talk about your weight but let's take care of the issue you're having." Very compassionate and nonjudgmental.
McKey, Patty	ARNP gynecology, Womens Health Springhill	I lost 20+ lbs and her questions were medical- to make sure I lost it slowly/healthy and not a symptom of something. No big congrats - just appropriate.
Otero, Al	GP - PA	Not one word about wt, other than "How much do you weigh?" At Alliance Family Physicians, Dr. Brannon's practice.

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Petty	Orthopedist	Younger partner of Dr Ed Jaffe. "Did not hassle me about my weight."
Pamela Ritter-Wiggs	Nurse practitioner at Shands, ENT	Openly criticizes the tendency to prescribe weight loss for every health concern
Rhoden, Chris	ARNP, Midwife	No discussion of weight.
Rocca, Andrew	MD, Orthopedic Institute	For surgery – "I saw him for knees, never said anything about my 220lb weight being the issue--just needed PT to build up protective muscles."
Rush, Elizabeth		Minimal focus on weight.
Townsend, Petra	GP, Family Medicine, UF Health	Minimal focus on weight. A blog reader who has struggled with docs and weight wrote, "I can confirm that Petra Townsend is very supportive and nonjudgmental to larger people, she's awesome"
Walsh, Ashley	Ob/Gyn	"Ok with no focus on wt, supportive." Many positive comments about her, but some complaints about office staff making weight comments.